

*Kyniska*



I'm so excited to share with you my first artwork of 2025: "Kyniska." This painting is deeply personal to me—a tribute to the resilience and determination of women who have shaped history.

# *Tribute to Female Strength and Perseverance*

"Kyniska" is inspired by the incredible story of a Spartan woman who became the first female Olympic champion. As the daughter of a Spartan king, Kyniska defied societal expectations by competing in and winning the chariot race at the Olympic Games. Her victory was not only a historic achievement in sport but a powerful symbol of gender equality in a time when women's voices were often unheard.

## Her Legacy

Kyniska's story resonates deeply with me. She represents strength, courage, and the unrelenting spirit of women who challenge norms and pave the way for others. I wanted to honor her legacy by portraying her in a moment of determination and power.

The bold red background in the painting reflects her fiery passion and unyielding spirit, while the mixed-media technique—acrylic for the background and oil for her figure—brings a sense of timelessness to the piece.

broke barriers by becoming the first recorded female racehorse owner and first female Olympic champion in 396 BCE.

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Cynisca remporte le prix à la Course des Chars.

## Why This Painting Matters to Me

"Kyniska" is the beginning of a series I've dreamed about for years: a collection dedicated to warrior women across history. It's my way of honoring those who have fought for equality, freedom, and progress.

Through this series, I aim to remind us of the strength and beauty in perseverance, even in the face of overwhelming odds.

Owning "Kyniska," whether as an original or a limited edition print, means bringing that story of courage and resilience into your space.



Let's Celebrate  
Kyniska Together  
You can now  
explore "Kyniska"  
on my online  
shop or email me  
directly for more  
information. I  
ship worldwide  
and can  
accommodate  
special requests.



"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others." – Pericles

Kyniska's story inspires, and I hope it will inspire you too.

Your Artist  
Stephanie



